RNA FOR A BETTER LIFE IN THE HEIGHTS

RIVERVIEW Neighborhood Association

September 1988 | 232 Ogden Avenue – Jersey City, N.J. 07307 – (201) 798-0493

RNA IS NOT AFFILIATED WITH ANY POLITICAL PARTY, ORGANIZATION OR ELECTED OFFICIAL.

Under the Chair

It's good to be back after our long hot summer. We hope everyone had an enjoyable vacation despite the problems of the heat and beach pollution. A lot has happened in our neighborhood since our last newsletter, so here is an update:

PARKS - After a year-long struggle with the Dept of Public Works/Leisure Activities, the Police Dept. and several of its own members, the J. C. Parks Committee was able to launch a summer program for nine neighborhood parks. This consisted of a full-time park attendant, increased police patrols, better maintenance by Leisure Activities and a thirty-six part concert series. Unfortunately, because of problems, the park attendant program was cut back to only four or five parks. Realizing mistakes were made, the Committee will hopefully make recommendations for changes and press for the continuation of this important program next summer.

In terms of our own Riverview Park, we were pleased with the efforts of park attendant, Rod Carter, who worked well with the children, teenagers, young adults and senior citizens. His easy-going attitude and his commitment to making the program work were keys to its success. With the increased police patrols, the park seemed quieter and safer. The four music concerts were also an important ingredient because although we were disappointed in the number of people attending the concerts, it was a great way for all our neighbors and friends to come out and enjoy live music together. The installation of many park benches by Leisure Activities also made the park more inviting for people to come and sit and relax. (another article discussing the proposed renovation planned for Riverview Park appears on page 6).

Taxes - The Jersey City Coalition for Fair Taxation is continuing its fight to stop the implementation of the recently completed citywide property revaluation. During the summer, the coalition has petitioned the State Superior Court, the County Tax Board and now, the N. J. State Tax Court, in its attempts to show that the appraiser, RPA, conducted the

MEDICAL ALERT

Dr. Juan Perez, who deals with Family Medicine at St. Mary's Hospital, Hoboken, has graciously offered to do free blood pressure readings at our meetings. We will start this at "7:00" which is before the start of our regular monthly meeting.

revaluation so improperly that the new tax lists should not be used and a new revaluation should be performed. The City was allowed to send out the new tax bills in August, after Tax Court Judge John Hopkins denied the Coalition's request to prohibit the sending out of the bills until the entire case is heard and decided. Property owners should have received their bills by the end of August. There are two things that property owners can do at this point. 1. Appeal your assessment with the Hudson County Board of Taxation on an individual basis. If you think your assessment was higher than your neighbors (therefore not uniform with comparable properties) or if your property was never inspected or inspected improperly, you should consider filing an appeal. For more information, and appeal forms, call the Tax Administrator at 795-6588 or visit at 595 Newark Avenue, Jersey City. The deadline for filing an appeal is Wednesday, September 14, 1988.
2. Continue to support the efforts of a Coalition by a) sending a financial donation to help defray the legal costs and b) fill out an affidavit stating that your assessment is not uniform or you had an improper inspection. For more information, call the Coalition hotline: 451-8445 or write P.O. Box 13013, Jersey City, N. J. 07303.

NEW YORK AVENUE - On August 21st, Michael Barnes of the Engineering Department met with Anne Hart, Dean Howell, Ted Conrad and Vito Brunetti to discuss the updated plans for the renovation of New York Avenue. Basically the plans are the same as when Mr. Barnes presented them to RNA at our April meeting. The two-way street will be repaved and reduced in width to discourage dumping on the street. Six new catch basins will be built along the curb The water from these catch basins will be drained into newly dug ditches along side the Conrail line at the bottom of the street to remedy the water problem. Barnes stated that in approximately 3 years the Conrail line will be discontinued and state plans are being formulated for a light rail system in its place. At that time he intends to connect the water drain from the street to an existing sewerage system.) Additional features include: one-foot high curbs, two and one-half foot guard rails and a six foot welded chain link fence on both sides of the street to discourage dumping. The western sidewalk will be repaved and renovated and an area twenty feet wide will be cleaned and replanted on both sides of the street. New street lighting will be installed by Public Service. Concerns about the toxic dump site on the eastern shoulder of the road are being addressed with the combined coordination of the state DEP, the Division of Hazardous Materials and the Incinerator Authority. RNA has proposed fencing off this dangerous area and posting signs to separate this from any of the construction. There should also be the on-site presence of a Haz-Mat official during all phases of this construction. Barnes has stated that he anticipates November, 1988 as a starting date with completion by the spring of 1989. He now estimates the cost at approximately $225,000.00.

RESERVOIRS - During the summer, two important developments occurred in regard to the reservoir issue. The first one occurred on April 8th, When the coordinating committee For the Future of the Reservoirs met with Rick Cohen of Housing and Economic Development and Jerry Killeen of the J.C. Redevelopment Agency. At that meeting, the two directors mutually agreed to provide the group with a project manager/technical planner who would assist in researching and drawing

up alternative plans for the variety of uses suggested for the site by the community.
The second was the commitments made by Mayor Anthong Cucci at the community meeting on August 23rd. At this session, the Mayor stated the following:
a) at present there is no deal or designated developer for the reservoir sites,
b) four different developers have approached him about the sites,
c) if the sites were sold, the money would go to the Water Dept., not the general City budget,
d) in terms of any possible future development, the Mayor advocates an r-2 low density project (consisting of one and two family housing) including green space or parks - not only at the perimeter but also the center.
e) there would be no displacement of existing residential housing, but there could possibly be displacement of commercial businesses,
f) the Mayor would even consider the alternatives of retaining the reservoirs (in an upgraded form) or the creation of a greenspace, or parkland if it was the decision of the majority of the whole community, including the three independent groups working on this issue.

Palisades - In July, RNA received a working draft of the Palisades Conservation Study developed by the Regional Plan Association and the Trust for Public Land. This report covers the Palisades and Castle Point cliffs as well as the land immediately atop and below the cliffs from the souther Palisades Interstate Park boundary in Fort Lee to the intersection of Summit Avenue and Ivy Place in Jersey City. The three main elements of this conservation plan include: creation of a Lower Palisades Greenway (a chain of parks, open spaces and trails), improving physical access between the clifftop and the waterfront and protecting the visual access to and from the cliffs. Within our own boundaries, Riverview Park, Mountain Road and Tumulty/Cuneo Parks are included in the plan as well as the cliffs themselves upon which our neighborhood resides. Our Planning and Development Committee is studying the report and will make a full presentation in the fall when we can arrange for a guest speaker from the Regional Plan Association to come and discuss it. (A letter from the State DEP Coastal Resources addresses the conservation of the Palisades as well on Page 7)

SOME OPINIONATED UPDATES

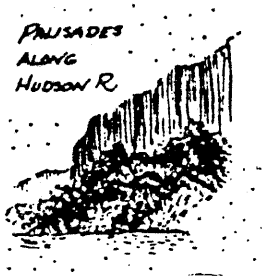
1. The corner property at Palisade Avenue and Griffith Street, the former Parkview Bar, is finally being renovated into four apartments and one office space. Our Planning Development Committee protested the proposed two additional apartments on the first floor because of a lack of parking, but the Board of Adjustment passed the variance request. Not withstanding our position, RNA is glad to see that long-neglected abandoned corner being revitalized. Construction is finally underway and we wish the developer good luck and welcome him into our neighborhood.
2. Noise pollution has finally become an issue in Jersey City. This summer two ordinances have been passed by the City Council to try and control loud disturbing noise. The first is the "boom box" ordinance which states the operation of a boom box (a hand-held radio) played above 65 decibels is illegal. It also outlaws car radios containing speakers in excess of six and a half inches in width or height or exceeding 100 watts of power. The second is the "Mr. Softee" ordinance which states that no loudspeaker may be used on any street from 9:30 p.m. to 10 a.m.

It is now up to us as citizens to observe the new laws and to call the police to enforce them. Remember, what these two measures are emphasizing is respect for your neighbor by not inflicting your noise or music on them.

3) At our August meeting RNA discussed the revival of our Blockwatch with citizen patrols and extending it to Cuneo Place. (The idea to extend the patrols was suggested by the developers at the southern end of Ogden Avenue. They are concerned about the condition of the block for prospective buyers of their new condominiums.) Interestingly the idea met with mixed reaction. While everyone appreciated the need for safer, cleaner and quieter streets, people were reluctant to volunteer their time to enforce it. The majority of people thought that the Police Department should be responsible for the enforcement of the law.

Although RNA fully agrees with that face, the reality is that unless the community gets involved and helps the police in their job, the bad conditions of the street will not change very much. Community participation can take many forms, one being citizen patrols, but it can also include people watching the street from their own property or windows and reporting to the police any unlawful situation, people calling other neighbors to inform them of any unusual problems, and leaving your outdoor house lights on during the night to discourage prowlers.

It seems the idea of an organized patrol is uncomfortable to many people but remember it is only through greater community involvement that we as aneighborhood can improve our quality of life.



CONRAD'S CORNER

THE FOLLOWING LETTER WAS SENT TO THE JERSEY JOURNAL ON 8/22/88

In 1973 when a study rated Jersey City as having the worst environment, another study claimed we had pristine air from the prevailing southeast wind coming up from the bay. Since that time, however, the quality of our air has gotten much worse with over development in the last two years, the sea breeze which used to whisk away the pollution around the Holland and Lincoln Tunnels seems to have died down completely with the construction of high rise buildings along the waterfront, much like a Chinese wall. Hartz Mountain has built office buildings like a high man-made mountain south of the Palisades with more to come on the piers. Even the view from the Lincoln Tunnel helix of the river which the DEP considered unimportant will be cut off with a highrise which will further choke off what little natural circulation of air we had around the entrance of the Lincoln Tunnel.

For some reason the Weehawken Planning Board and the Mayor playing baseball with the Hartz Mountain team or riding on Mr. Imperatore's yacht have apparently never heard of something called a conflict of interest. Even the Department of Environmental Protection, supposedly looking out for the quality of life for the State's citizens, has just raised the 60 ft. limit of construction on a pier to 100 ft. It leaves one wondering what the DEP does besides making studies and check collecting. When are they going to blow the whistle on over development? These ten story piers, one thousand ft. long

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MEETING MINUTES

While most of the city was taking a vacation during June, July and August, the RNA was busy conducting business as usual. Our June meeting had as the guest speaker Mr. Spellmeyer, the City Sanitation Inspector. Mr. Spellmeyer gave the members a review of his job and how he has been issuing summonses to homeowners and merchants who are in violation of the law with regard to the upkeep of their property and the proper removal of garbage and debris from their sidewalks. It is also the job of the sanitation inspector to make sure that garbage is not put out for collection before 7 p.m. on the night before it is scheduled to be picked up.

The July meeting did not have a guest speaker but the officers gave reports on various issues of interest to the membership such as the property assessment and the resultant tax increases. Other items of interest discussed were the proposed Reservoir project, the park attendants and summer concern series, the successful result of our flea market, the regional plan report, and of course, the potential for crime in our quiet neighborhood.

The August meeting was largely devoted to the formation of a block patrol in conjunction with our block watch. While some members feel that a two-person patrol walking the streets of our neighborhood will impact on the prevention of certain kinds of crime, others were not so sure a visible presence will be a deterrent to someone bent on a criminal act, and in fact, may lead to greater violence. Since we had not gathered enough information to answer many of the members' questions about how the patrol would be handled, the issue was set aside until a future meeting at which time we hope to have a more formalized plan. We briefly touched on some local issues i.e., the excessive noise from the Ponti Waste Paper operation located directly below the cliffs, a large hole in Mountain Road that is the only property access of some of our Ogden Avenue residents, the condition of Ravine Road and the successful cleanup of piles of debris that had been left in front of two burned out properties on Ogden Avenue.

Please join us next month as we meet on Tuesday, **SEPTEMBER 13th**, at the Harbor View Health Care Center to try as a united neighborhood to resolve some important issues that could affect our way of life in the heights. See you there.

Maria E. Tuzzo

Secretary

CONRAD'S CORNER

continued

jetting out into the river will be like huge windbreaks retarding the flow of a cooling southeaster from reaching the Holland and Lincoln Tunnel entrances.

The new 50 story Colgate tower, plus the thirty-five story First Jersey Bank building and ten story fins on the Harborside Piers will just about shut off all air circulation to the Holland Tunnel Plaza.

The New Cali building next to City Hall, the Gregory project, Tickva Towers and the Ukranian Building just about seal off everything north of Newark Avenue from what used to be an invigorating see breéze. No wonder the death rate from heart disease has been so high this summer in Hudson County and it's going to go higher if all the proposed highrises are going to be built without any restraints from the planning boards of the local towns.

Theodore Conrad

(FOR DEP POLICY SEE PG. 7)

PARK REPORT

The Friends of Riverview Park Committee recently met with Joan Earls, Director of Leisure Activities, about the committee's list of priorities for the Park. We reviewed the list as well as Ms Earls' plan for improving the lighting in the park. The following plans were made:

1. To maintain the list of priorities established by the Committee, but to work on several objectives (improvements) simultaneously, taking maximum advantage of the weather, available monies, and community needs.

2. Joan Earls has determined that Riverview Park is one of the City's many needy parks that will receive first consideration for immediate improvements with the money made available by the recent bond issue.

3. With this money, Ms. Earls has agreed to repave the sidewalks, improve the lighting in the gazebo and park in general, to stop the erosion problems, and to upgrade and correct the retaining wall. In essence, Ms Earls has agreed to attend to our Committee's list of priorities starting immediately!. Already minor improvements such as benches, more attractive trash cans, and limited landscaping has made the park much more attractive and practical. On Saturday, August 20, the Committee met with Ms Earls to look at examples of curbing and brickwork at other park sites as our first step in determining the desirable look and materials for our own walkways in Riverview.

4. The Dept. of Public Works & leisure Activities will begin immediately to dismantle the gazebo's brick walls to make ready the installation of new wrought iron railings according to our Committee's specifications.

5. The Committee is now in the process of making the necessary arrangements to have monies from the $57,000 C.D.G.B. fund released for the purchasing and installation of the wrought iron railings. Contractors and appropriate design for the railings are also being determined. (Anyone wishing to have input into this process is urged to contact Ms Earls, Vito Brunetti or Dean Howell immediately)

6. The Committee has started specific work on a "Master Plan" for the park's improvements. Architectural drawings and written specifications are currently being drafted by committee member, Camille Cesari. (Camille is a landscape architect and has an extensive background in park design through her work in New York's Central Park. Ms Cesari's expertise along with those of Ted Conrad and Randy Sanford, promises to provide the kind of Master Plan capable of restoring the park as well as integrating the many contemporary ideas and opinions of our neighborhood. We on the Committee are very excited to finally have this very critical work in progress!

7. Lighting continues to be an unsolved problem. Ms Earls and the Committee decided to implement her plan of selectively adding more bulbs to existing poles...as a temporary solution, while more appropriate lighting (in design and effect) can be chosen and installed. As a major part of the restoration, the new lighting system will replace the existing "light poles" with an attractive/practical form of lighting with underground wiring. This, by necessity, will be coordinated with the installation of new side walks, landscaping,etc.

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(Following is a letter from the State Department of Environmental Protection, Division of Coastal Resources announcing their new policy guidelines for development of waterfront piers. Since RNA has watched and participated in this process, we reprint their letter in its entirely for review and comment.)

I am pleased to inform you that Commissioner Dewling has signed a new Hudson Waterfront Policy and it will become effective August 15, 1988. After careful review of the extensive comments and recommendations we received, the proposed rule was significantly modified. Since you are one of many people who helped us consider waterfront development issues in recent months, I wanted you to be aware both of the impacts of the new policy and of the way it differs from the policy we proposed in January.

The new policy will be published in the August 15, 1988 issue of the New Jersey Register. It will have the following effects:

a) New, non-industrial development on existing piers will be required to provide public open space at both the landward end of the pier and at the end of the pier most distant from the shoreline. The size of these public open space areas will govern the allowable building height on the pier can be built. Generally, the higher the building the greater the open space requirement.

b) Industrial development on piers, including water dependent transportation and cargo handling facilities, will also require public open space but only to the extent that is practical and consistent with public safety.

c) All waterfront development along the Hudson River will be explicitly required to develop, maintain and manage a section of the Hudson Waterfront Walkway coincident with the shoreline of the development property.

This policy differs from the policy changes we had proposed in January in that it deletes all references to upland building height limitations and sightlines to and across the river from the Palisades and other areas providing extraordinary views. We chose not to include that section of the proposed policy because we have hired the Regional Plan Association and the Trust of Public Lands to study the Lower Palisades to define the extent of the resource and available management options. We concluded that any rule change in this area should await the results of the Lower Palisades study which we expect this Fall. In the interim, we also believe that we can adequately address this issue under our existing policies on a case-by-case basis.

In particular, we came to the conclusion that the protection of the view from the Lincoln Tunnel Heliz is an issue that can be addressed under our existing policies. Since it will be raised largely in the context of one specific proposed development, the Lincoln Harbor project proposed by Hartz Mountain Industries, we concluded that we could better address this issue in the review of the permit application for this project than in a separate regulation. As a result, when the application we have received for this project is complete, we will schedule at least one public hearing in Hudson County to discuss this issue further.

The new policy includes several other more specific changes from the policy we had proposed. Under the new policy developers will have greater requirements for areas devoted to public access, but also are given flexibility in the location, shape and elevation of the corridors and pier-end public open space. While the

revised new policy still requires public access around the perimeter of the pier via two 15-foot walkways, the Departments intends to promptly further modify this aspect of the policy to require only one 16-foot walkway which we believe will provide adequate access while preserving developer design flexibility. Our proposal concerning this change will also appear in the New Jersey Register on August 15, 1988.

In addition, the new policy distinguishes "piers" from "Platforms" and reserves to the Department the right to modify the requirements of the policy as applied to platforms as appropriate. It also gives the Department the power to consider for approval applications that vary in detail from the standards of the policy, if they provide greater public access and/or protection of natural or scenic resources than would be afforded by strict policy compliance.

Lastly, the adopted policy provides flexibility to allow public access to piers to be limited at nights, but the policy requires that access to the main route of the Hudson Waterfront Walkway be provided on a 24-hour basis.

It has taken us almost 18 months to adopt this new policy, after proposing one set of changes in 1987, withdrawing them based on public comments, hiring outside consultants to meet with interested and affected people and make recommendations to us, proposing a new set of changes, and, throughout this process, holding a number of public hearings and less formal meeting with representatives of municipal governments, environmental and civic groups, and developers. I believe this new Hudson River Waterfront Policy promotes and encourages waterfront land use that is responsive to environmental and public open space cpmcerns, while allowing for reasonable and orderly redevelopment of this unique section of New Jersey's coastal zone.

I would like to thank you for your input to this rule-making process. Recommendations from the public, municipal officials and the regulated community have enlightened the Division, thereby enabling us to make a more effective policy. I believe that with the adoption of this rule, New Jersey has taken a major step toward insuring that the redevelopment of Hudson waterfront piers will be something we can point to with pride years from now.

John J. Weingart, Director
Division of Costal Resources

A Day in the Park **by ROD CARTER**

This Summer I had an interesting experience - I was a Park Attendant in Riverview Park. I started this job in the middle of June, moving to Jersey City in May, Prior to this job, I spent a lot of time in the park playing basketball, so I got to know the people who visited the park and the guys who played basketball. When the opportunity came up for this job, I was hesitant to fill out an application because I had made friends with the same people I would now be watching over for things like cleaning up after dogs. I thought to myself that someone has to do it, so I said I would. When I started I knew I would have to take a different approach to the job since a lot of the people speak Spanish and I don't. The first week of the job I went around the park introducing myself to the kids that were there. They caught on real quick. They took full advantage of me being there and the games and activities I had for them. Now it is the end of the summer and I made it. There are a lot of things I don't have room to say but one thing I want to say to the skeptics out there and that is through change and through the concerts, the people of the neighborhood came back to the park. It will work if we keep on trying, If after reading this you can still say the park and your neighborhood can't get better, you must be sitting at home watching tv and not visiting the park.

SUMMER ACTIVITIES DURING MY YOUTH ON OGDEN AVENUE

While listening to the music at the gazebo the other evening in the park, my mind went back to my early teens in this same neighborhood. Our pleasures were simple and now so wonderful to remember.

We also had band concerts during the summer months which in those days were very heavy on brass and could easily be heard all over the area.

In the western part of the park there is the circle where all the walkways meet and there was in this circle a wading pool which all us youngsters cooled ourselves during those hot summer months. The fountain in the center gushed fresh water and of course, there was the drain to expel the old water. If I recall correctly, the pool was about 2 feet deep at its deepest part. We all dressed in our bathing suits and had a real "ball". Compared to today's standards, it probably didn't meet with the sanitary conditions which now exist.

Also, there were other activities such as bus excursions. One of the excursions was to Lincoln Park. A bus picked us up at about 8:30 a.m. - we arrived at the Park and began playing games such as relay racing and other foot races. Frankfurters, soda, ice cream, etc., were provided by courtesy of our commissioner - who at that time as Commissioner Patterton. In the early evening hours, we were again picked up by bus and driven back to Riverview Park.

Another excursion was to Columbia Amusement Park. Columbia Park was located where we now have the Shop-Rite Supermarket (Kennedy Boulevard near 32nd Street, North Bergen). On boarding the bus, we were given a box lunch which contained a sandwich, a piece of fruit and a container of milk. Everyone ate what was given them - no waste - we were taught not to waste. Arriving at Columbia Park, tickets were given to us for free amusement rides. This quite likely was paid for by the Parks and Recreation Department of Jersey City. One of the amusements was called the "Fun House". The Fun House contained trick mirrors that reflected grotesque figures because it made a person seem to be very squat and enormously fat. Another mirror to the contrary made one seem to be enormously tall and very thin - what fun. here were other rides such as the whip, the carousel and the cyclone which was a daredevil ride which filled one with fear. We were, of course, driven back to Riverview Park in the early evening to be met by our parents. I'm sure some of you remember these very same things: Columbia Park also contained an absolutely big swimming pool and the bigger kids were allowed to swim and bathe. There was also in those days another big amusement park called Palisades Park, which was located near Fort Lee but it was not on our agenda. Palisade Park was visited when we were with our parents or supervised by neighborhood adults.

Another fond memory of Riverview Park was the fine teaching by the kind and wonderful ladies who taught us basket weaving and the needle arts. The boys also had their own supervised recreation.

In the evening hours, the person we children enjoyed most was the "Cop on the beat" who was our friend and confidante and whom we adored. We walked through the park with him and waited from time to

time for him to 'ring in' from the telephone box which was affixed to the telephone pole.

I hope this bit of nostalgia touches may fellow members of our Riverview Neighboorhood Assn.

Frances Santora

SAVE ON DRUGS

You may be able to enjoy savings on the medications your doctor prescribes for you, through PAAD. PAAD stands for Pharmaceutical Assistance to the Aged and Disabled.

If you qualify for PAAD, you pay only $2.00 each time you have a prescription filled at your pharmacy. PAAD pays the rest. You qualify if:

- you've been a New Jersey resident at a permanent address for at least 30 days before you apply; and
- your annual income is less than $13,650 if you're single, or less than $16,750 if you're married; and
- you're 65 or older or receiving Social Security Disability benefits; and
- you don't have other health insurance or retirement benefits that provide prescription coverage equal to or better than PAAD.

You can get an application form from your local pharmacy, a senior citizens center, the local Medicaid office, the County Office on Aging or the PAAD office.

PARKS **continued**

8. Parts of this plan will have been initiated by the time you read this, will will continue throughout the coming months. WOW!!!

Dean Howell

LETTER TO V. PONTI

This letter comes to you on behalf of Riverview Neighborhood Assn. members whose homes are situated on the cliffs overlooking your place of business. These homeowners and tenants have a problem with excessive noise coming from your premises at unreasonable hours, during the week and on weekends.

The blaring of truck horns and the revving of engines in the early morning hours, and the use of the loud speaker continuously throughout the night is very disturbing. The noise is extremely penetrating.

While we appreciate the need for you to conduct your operation, at hours other than a 9 a.m. to 5 p.m. basis, we feel that your procedures should not infringe on the rights of the residents, in the surrounding area, to a restful night's sleep.

We would like your cooperation in eliminating this disturbance by having the loud speaker turned off after 11 p.m. each night during the week and for the entire weekend. Also, we would have you ask your truck drivers to refrain from blasting their truck horns and revving their engines especially after 11 p.m. and as little as possible at all other times.

We can meet with you and discuss the situation amicably. Our neighborhood meetings are every second Tuesday of the month; the next one is at 7:30 p.m. at the Harbor View Health Care Facility. (If that is inconvenient, please suggest a time for us to meet.)

Thank you for your cooperation.

IS THE NEW NEIGHBOR A GOOD NEIGHBOR?

What is a good neighbor? Residents of Jersey City Heights describe a good neighbor as someone who respects the rights of fellow citizens in the community and abides by the laws set down for the good of the community. There is growing concern that the NEW NEIGHBOR BODY SHOP located on the south side of Griffith Street between Palisade and Ogden Avenues is falling short of good neighbor status.

Area residents have voiced a steady stream of complaints aimed at NEW NEIGHBOR in recent months. One concern is the noise generated by electric sanding machines, commencing in the early morning and continuing until well after dark, six and often seven days a week. This noise, especially on Saturday and Sunday mornings, significantly reduces the quality of life for anyone living within the area.

On a daily basis residents are exposed to broken automobile glass and to metal debris on the sidewalks and in the street. Griffith has become a junkyard lined with the wreckage of cars waiting for repair by NEW NEIGHBOR. Several local residents have witnessed the use of spraying equipment and acetylene torches on the street well outside of the shop exposing passersby to health and fire hazards. Residents have also met with discourteous behavior and abusive language when walking past the body shop to their homes. Not only are the residents and passersby exposed to dangers, but the employees themselves have been observed operating the torches and spraying equipment without breathing masks and protective eye gear.

The NEW NEIGHBOR is not a good neighbor and perhaps is a dangerous threat to our community.

Concerned Neighbor

KINDERGARTEN EDUCATION

Most of what I really need to know about how to live, and what to do, and how to be, I learned in kindergarten. Wisdom was not at the top of the graduate school mountain but there in the sandbox at nursery school.

These are the things I learned: Share everything. Play fair. Don't hit people. Put things back where you found them. Clean up your own mess. Don't take things that aren't yours. Say you're sorry when you hurt somebody. Wash your hands before you eat. Flush. Warm cookies and cold milk are good for you. Live a balanced life. Learn some and think some and draw and paint and sing and dance and play and work every day some.

Take a nap every afternoon. When you go out into the world, watch for traffic, hold hands and stick together. Be aware of wonder. Remember the little seed in the plastic cop. The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.

Goldfish and hamsters and white mice and even the little seed in the plastic cop - they all die. So do we.

And then remember the book about Dick and Jane and the first word you learned, the biggest word of all: LOOK. Everything you need to know is in there somewhere. The Golden Rule and love and basic sanitation. Ecology and politics and sane living.

Think of what a better world it would be if we all - the whole world - had cookies and milk about 3 o'clock every afternoon and then lay down with our blankets for a nap. Or if we had a basic policy

in our nation and other nations to always put things back where we found them and cleaned up our own messes. And it is still true, no matter how old you are, when you go out into the world, it is best to hold hands and stick together.

Robert Fulghum
Kansas City Times
(Submitted by Dennis Elgrim)

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9 Cancer Warning Signals

Alertness to one of the following nine warning signs and regular physical examinations give you the greatest protection against cancer.

You owe it to your family and to yourself to practice prevention and early detection!

1. **Unusual bleeding or discharge from anywhere.**
2. **A lump or thickening in the breast or anywhere.**
3. **Any sore that does not heal.**
4. **Persistent change in bowel habits or shape of stool.**
5. **Pink or red urine.**
6. **Persistent hoarseness, cough or sore throat.**
7. **Persistent indigestion, difficulty in swallowing.**
8. **Progressive changes in size or color or feeling in a wart or mole.**
9. **Unexplained weight loss or prolonged fever.**

LAUGH

Your whole body gets a kick out a a good chuckle. Here's what happens when you laugh according to research.

Your heart and lungs are stimulated.

Your heart beats faster and your blood pressure rises temporarily.

You breathe deeper and oxygenate more blood.

Your body releases endorphins, your own painkillers, and you produce more immune cells.

You burn 78 times as many calories as you would in a resting state.

Your diaphragm, facial muscles and internal organs all get bounced around in a massage(internal jogging).

After you've laughed, your muscles and arteries relax. That's great for easing pain. Also, your blood pressure lowers and your pulse drops below normal. It is also said to aid digestion.

PUBLIC NOTICE TO TAXPAYERS OF THE CITY OF JERSEY CITY

Please be advised that the payment date for the third quarter taxes for the year 1988, due and payable August 1, 1988, has been extended to September 15, 1988. **Taxes paid after September 15, 1988 will be charged interest from August 1, 1988.**

Please note: if you do not receive your third quarter tax bills by August 31, 1988, please contact the Jersey City Tax Collector's Office at either 547-5124 or 547-5125

Anthony R. Cucci
Mayor

Joseph Auriemma
Director, Department of Finance

A SEPTEMBER CONCENTRATION GAME

Each of the boxes below contains a September picture. Color each picture and cut the boxes apart on the lines. To play the September memory game, lay the cards face down and turn over two cards at a time. If the cards match, you may keep them. If the cards don't match, turn them back over. Your turn is over. Try to remember where each picture is hidden as the other players take their turns. The person with the most matches wins the game.

FOR A BETTER LIFE IN THE HEIGHTS

NEXT MEETING: FREE BLOOD PRESSURE TESTS
TUESDAY, SEPTEMBER 13, 1988
TIME: 7:00 P.M.
HARBOR VIEW HEALTH CARE CENTER
OGDEN AND FRANKLIN AVENUES

Fraedrich/Gauci **CR-18
232 Ogden Ave. Apt. 2
Jersey City, N.J. 07307

BULK RATE
U.S. POSTAGE
PAID
JERSEY CITY, N.J.
07302
PERMIT NO. 153
CAR.-RT. PRESORT

RNA

232 Ogden Avenue - Jersey City, N.J. 07307

RIVERVIEW Neighborhood Association

FOR A BETTER LIFE IN THE HEIGHTS

RNA

Vito Brunetti
Chairman

Bob Lewis
Vice-Chairman

Maria Tuzzo
Secretary

Bob Murray
Treasurer

Jack Rea
Sgt. at Arms

Theodore Conrad
Historical Advisor

COMMITTEES:

COMMUNITY AWARENESS:
Carin Lewis

NEWSLETTER:
Kathy Brennan

PLANNING & DEVELOPMENT:
Randy Sanford

ENVIRONMENT:
Anne Hart

COMMUNITY RELATIONS:
Mike Moloughney
Ernest Quintero